## Foundation

Domain	ASCA National Standards	ASCA Competencies (Benchmarks)	Local School Standards & Benchmarks
Academic	Standard A: Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span.	A:A1 - Improve academic self-concept. A:A2 - Acquire skills for improving learning. A:A3 - Achieve school success	
	Standard B: Students will complete school with the academic preparation essential to choose from a wide range of substantial post-secondary options including college.	A:B1 - Improve learning. A:B2 - Plan to achieve goals.	
	Standard C: Students will understand the relationship of academics to the world of work and to life at home and in the community.	A:C1 - Relate school to life experiences.	
Career	Standard A: Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.	C:A1 - Develop career awareness. C:A2 - Develop employment readiness.	
	Standard B: Students will employ strategies to achieve future career goals with success and satisfaction.	C:B1 - Acquire career information. C:B2 - Identify career goals.	
	Standard C: Students will understand the relationship between personal qualities, education, training and the world of work.	C:C1 - Acquire knowledge to achieve career goals. C:C2 - Apply skills to achieve career goals.	
Personal/Social	Standard A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.	PS:A1 - Acquire self- knowledge. PS:A2 - Acquire interpersonal skills.	
	Standard B: Students will make decisions, set goals and take necessary action to achieve goals.	PS:B1 - Self-knowledge application.	
	Standard C: Students will understand safety and survival skills.	PS:C1 - Acquire personal safety skills.	

Resource: <u>Iowa School Counseling: A Program Framework, One Vision, One Voice</u>, February 2008